





Organized by: St. Thomas Legion TFC

Departure: Saturday, March 8th, 2025 – 9 am (Kitchener) & 11 am (London)

Arrival Home: Sunday, March 16th, approximately early evening.

Training: Morning practices every day, afternoon practices every other day

Training Facility: National Training Center Clermont, FL www.usantc.com

Accommodations: Vacation rental homes Orange Tree subdivision, Clermont

- **Transportation:** Ayr Coach Lines, 54 passenger coach. Overnight stay on route, there and back.
- Side Trips:Shopping (Orlando Premium Outlets)Trip to the beach (tentative).

Cost:\$1050.00:First deposit \$500.00 – due with registration form
Final payment \$550.00 – dated January 31, 2025
*Both cheques must accompany registration form

(Spots available on a first come-first serve basis)

- Fee includes:Transportation, accommodation, training fees & facility rental, coaching
(not included meals/groceries, side trips/social activities)
- Contact: To register or for more information contact Harry or Sylvia Stantsos at: 519-649-4329, <u>hstantsos@sympatico.ca</u> or visit our website at <u>www.stl-trackandfield.ca</u>

NOTE: *Everyone must have a valid passport to cross the US border.*